

Basic Breastfeeding Management Course 2019
Course Coordinator Dr Gina Weissman DMD, RN, IBCLC, FABM

The course includes: 93 theoretical class learning hours + 5-hour workshop on communication skills
 42 clinical practice hours + 8 observational hours

	Date	Hours	Topics
1	25.11.19	08:30 17:00	Introduction/ goals and course tasks knowledge Pre-test The lactating Breast: Maternal Anatomy Infant Anatomy for breastfeeding -simulation in small groups
2	26.11.19	08:30 17:00	Physiology of Breastfeeding Communication skills workshop -simulation in small groups
3	27.11.19	08:30 15:00 + 2 hours clinic (observation)	Effect of the birth and Hospital routines on breastfeeding. Breastfeeding Management A: Positioning, Latch On: Different approaches From Cloe Fisher to Susan Colson and LaidBack Breastfeeding
4	28.11.19	08:30 15:00 + 2 hours clinic (observation)	Breastfeeding Management B: Breastfeeding rhythms. Problems of Breasts and Nipples A: Engorgement + Edema
5	29.11.19	08:30 15:00 + 2 hours clinic (observation)	The Non-Latching Baby: why? First steps to protect Breastfeeding Lactation Aids: Supplementing, spoon-feeding Bottles ext. Milk pumping and storage Pumps: indications and way to use
6	30.11.19	08:30 15:00 +2 hours clinic (observation)	How to assess breastfeeding? Signs for successful Breastfeeding Tongue Tie
7	1.12.19	9:00-17:00	Clinic day
8	2.12.19	9:00-17:00	Clinic day
9	3.12.19	08:30 16:30 +2 hours clinic	Mid-course Test Jaundice in the Breastfed newborn Medications and Mothers Milk
10	4.12.19	08:30 15:00	Problems and illnesses in mother or baby related to breastfeeding Breastfeeding preemies and Breastmilk in the NICU

	Date	Hours	Topics
11	10.2.20	08:30 15:00 + 2 hours clinic	Problems of Breasts and Nipples B: Wounded and painful nipples; Plugged ducts, Mastitis, Abscess
12	11.2.20	08:30 15:00 + 2 hours clinic	Problems of Breasts and Nipples c: Thrush, Bleb, Vasospasm Components of breastmilk and Immunology
13	12.2.20	08:30 15:00 + 2 hours clinic	Nutrition for the breastfeeding mother Growth patterns and charts of the Breastfed baby
14	13.2.20	08:30 16:00	Breastfeeding a toddler and weaning, Introducing solids- new guidelines Returning to work and Breastfeeding Prenatal breastfeeding preparation in relation to Breastfeeding myths
15	14.2.20	9:00-17:00	Clinic day
16	15.2.20	9:00-17:00	Clinic day
17	16.2.20	08:30 15:00 +2 hours clinic	Final Test Breastfeeding Multiples Breast Surgery and impact on Breastfeeding
18	17.2.20	08:30 -16:00	The WHO Code, Breastfeeding organizations and resources The ethical code of conduct End of course discussion

